

		Training plan - 22/23 season		
Team	Age	Day	Time	Location
Dragons	U08	Tuesday	6pm-7pm	CL 1/4
Hawks	U09	Tuesday	6pm-7pm	CL 1/4
Tigers	U09	Wednesday	6pm-7pm	Perdiswell Astro
Wildcats	U10	Monday	6pm-7pm	CL 1/3
Pumas	U10	Monday	7pm-8pm	Perdiswell Astro
Jaguars	U10	Tuesday	6pm-7pm	CL 1/4
Coyotes	U10	Tuesday	6pm-7pm	CL 1/4
Panthers	U11	Wednesday	6pm-7pm	CL 1/3
Wolves	U12	Wednesday	6pm-7pm	CL 1/3
Cobras	U12	Wednesday	6pm-7pm	CL 1/3
Eagles	U14	Monday	6pm-7pm	CL 1/3
Pythons	U14	Monday	6pm-7pm	CL 1/3
Falcons	U15	Tuesday	7pm-8pm	CL 1/2
Scorpions	U16	Tuesday	7pm-8pm	CL 1/2
Wildcats	U16	Tuesday	8pm-9pm	CL 1/2
Tiger Sharks	U16	Tuesday	8pm-9pm	CL 1/2

Girls DC		Monday	6pm-7pm	TBC
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